

# GOVERNMENT DEGREE COLLEGE RAMPACHODAVARAM

## WOMEN EMPOWERMENT CELL

### AWARENESS PROGRAMME ON PERSONAL HYGIENE FOR GIRL STUDENTS -02/09/2025

#### Introduction

The Women Empowerment Cell of the college organized an outreach programme on “Awareness on Personal Hygiene for Girl Students” with the objective of educating young girls about the importance of maintaining personal hygiene for a healthy and dignified life.

#### Objective of the Programme

- To create awareness about personal hygiene among adolescent girls
- To educate students on menstrual hygiene and overall cleanliness
- To promote healthy habits and prevent infections and diseases
- To empower girls with knowledge for self-care and confidence

#### Programme Details

The programme was conducted at APTWR Girls School, Rampachodavaram, where a team of students along with faculty members actively participated. The outreach initiative was led by **Principal Dr. K. Vasudha**, whose guidance and leadership played a vital role in the successful organization of the event.

#### Activities Conducted

- Interactive sessions on personal hygiene practices
- Awareness talk on menstrual hygiene management
- Demonstration of proper handwashing techniques
- Discussion on the importance of sanitation and clean surroundings
- Question and answer session to clarify doubts of school students

## Participation

The programme witnessed enthusiastic participation from:

- School girl students
- Teaching staff of APTWR Girls School
- College students and faculty members from the Women Empowerment Cell

## Outcome of the Programme

- Students gained awareness about hygiene practices and their importance
- Improved understanding of menstrual health and personal care
- Encouraged positive behavioral changes among participants
- Strengthened community engagement through outreach activities

## Conclusion

The outreach programme on personal hygiene was highly successful in spreading awareness among girl students. The initiative, under the able leadership of **Principal Dr. K. Vasudha**, made a meaningful impact by empowering young girls with essential knowledge and promoting healthier lifestyles. Such programmes play a crucial role in building a healthier and more informed society.





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Cqgj+89p, Rampachodavaram, Andhra Pradesh 533288, India  
Lat 17.425835° Long 81.780756°  
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GPS Map Camera



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